



Training Services Agreement

This Agreement is made and entered into this _____ day of _____, 201____, by and between _____ ("Client") and CrossTrain Fitness, LLC.

Both parties agree to the following:

1. Client and CrossTrain Fitness have agreed that CrossTrain will conduct _____ workout sessions. Each session will begin at a mutually convenient, agreed-upon time and shall be subject to the policies CrossTrain Fitness attached, which Client will also be required to read and sign in conjunction with the execution of this Agreement.
2. Client will pay in advance, the sum of **\$99 for the initial consult**. Next, the Client agrees to pay for _____ workout sessions in the amount of \$_____. This payment may be paid in full or Client can pay two equal payments to be paid in full before services are rendered. Client acknowledges and agrees to CrossTrain's cancellation policy as provided in the attached Company Policies, and that no refund of this sum or any portion thereof shall be due for sessions cancelled by Client, except as provided in said Company Policies.
3. At the time of, or prior to, execution of this Agreement, Client has executed and delivered to CrossTrain Fitness a Waiver and Assumption of Risk Agreement and a Waiver and Assumption of Risk Agreement for Home Workouts (if applicable) (these agreements herein collectively referred to as the "Waiver Agreements"), in which Client assumes all risks of participating in a fitness program and agrees that Company and its agents, employees, or contractors, if any, shall have no liability for any injury, illness, or similar difficulty that Client may suffer arising out of or connected with Client's participation in CrossTrain's program.
4. Client and CrossTrain Fitness may agree to conduct additional sessions at mutually convenient times and locations, to be billed to the Client at CrossTrain's then current service rates. In such event the provisions of this Agreement, including the Company Policies attached, shall be deemed to apply.
5. Client acknowledges and agrees that CrossTrain Fitness has the right to terminate this relationship at anytime and for any reason, with no obligation due to the Client beyond a refund of payments made for any unused sessions.

By: _____
CrossTrain Fitness Representative Date

By: _____
Client Date